

Rebounding

June 23, 2017

This week we will look at some rebounding situations. As you take a look at these plays keep the following in mind:

Rulebook page 38. Rule 4-37:

ART 2: To obtain or maintain legal rebounding position, a player may not:

- a. Displace, charge or push an opponent
- b. Extend shoulders, hips, knees or extend the arms or elbows fully or partially in a position other than vertical so that the freedom of movement of an opponent is hindered when contact with the arms or elbows occurs.
- c. Bend his/her body in an abnormal position to hold or displace an opponent.
- d. Violate the principles of verticality.

ART 3: Every player is entitled to a spot on the playing court, provided the player gets there first without illegally contacting an opponent.

Below are links to some videos showing rebounding situations. As you watch them, keep an eye on where an official did move (or could have moved) to properly officiate these plays.

In addition, start to think about what you would say to a coach if they would question what their player did wrong; try use wording that incorporates the rule(s).

PLAYS

1. <https://www.youtube.com/watch?v=Zj1inS9ohPY>
2. <https://www.youtube.com/watch?v=mc1n6QGFGc>
3. <https://www.youtube.com/watch?v=PXn-ugPWEN8>
4. <https://www.youtube.com/watch?v=vUeo9exeBGk>